



**PLEASE PRINT CLEARLY OR TYPE:**

**Course Name:**

**Student's Name:**

**Contact Information: (address, phone number, email)**

**Best way to contact you?**

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**Current occupation:**

Please take a moment to tell us about yourself, your goals and your reasons for enrolling in a Yoga Teacher Training Program:

What inspired you to take this yoga teacher training, and what are your long term goals?

What particular skills and qualities do you possess that you believe will be a benefit to your yoga studies?

What challenges, if anything, do you think may interfere with your yoga teacher training (i.e., time, focus, other commitments, family obligations, health issues, etc.)?

**YOGA EXPERIENCE:**

How long have you practiced yoga?

Describe your personal practice, what style of yoga and how regularly you practice (include past styles of yoga)?

Are you currently teaching yoga?

If yes, how many classes per week?

What tradition/style?

How long have you been teaching?

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**OTHER RELATED EXPERIENCE:**

Please list other trainings you've taken and healing modalities you've studied, including self-awareness or personal growth work, body work (RMT, Osteopathy) etc.

What does yoga mean to you and how has yoga changed your life?

How did you find out about this teacher-training program?

**EMERGENCY CONTACTS:**

In case of emergency, please contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Therapist: \_\_\_\_\_ Phone: \_\_\_\_\_

I hereby declare that the above information is true to the best of my knowledge. I understand that misrepresentation of this information is unethical and constitutes grounds for revocation of registration and my enrollment in this certification.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Name (please print) \_\_\_\_\_

Please complete the above Application Form and return promptly for review. You will be notified promptly by email regarding your acceptance to the Studio 2 for Yoga and Wellness Teacher Training program. Include your deposit of \$550.00 plus tax (\$621.50). Your course curriculum and required reading list will be emailed to you. To ensure the highest level of quality instruction and personalized attention each program is limited to 16 participants. First come first served. Complete and include the Payment Contract below with your registration.

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## 200 Hour Yoga Teacher Training - Payment Contract

Participant's Name (print) \_\_\_\_\_

Today's Date \_\_\_\_\_

Program start date you are registering for:  
\_\_\_\_\_

### Check which tuition fee you are paying below. Tuition Fees:

Tuition fees are plus tax; amounts shown in parentheses (include 13% HST).

**Registration:** \_\_\_\_\_ FULL Registration/Payment: \$2950.00 + tax (\$3333.50) Deposit with application/registration \$550.00 + tax (\$621.50). Balance due 1st day of the program: \$2400.00 + tax (\$2712.50)

**Payment Plan:** \_\_\_\_\_ Registration/Payment: \$2950.00 + tax (\$3333.50) Deposit with application/registration \$550.00 + tax (\$621.50). Balance due 1st day of the program: \$2400.00 + tax (\$2712.50)

\_\_\_\_\_ Payment Installment Plan for 10 equal payments: \$271.20

\_\_\_\_\_ Payment Installment Plan for 6 equal payments: \$452.00

\_\_\_\_\_ Payment Installment Plan for other: \_\_\_\_\_

### Tuition Payment Methods

- Credit card payments and payments may be made online on Pay Pal. Note: with Pay Pal add 3% for CAD; or 4% for USD to the amount of your payment.
- Credit Card payments may be accepted over the phone or in person.
- Cancellation/Refund Policy for Tuition: In the event that you must cancel your participation in the YTT program you are registered for: up to one month (30 days) prior to first day of the program you are registered, you are eligible for a full refund of your payment for tuition minus \$150.00 cancellation fee. Up to ten (10) days prior to the first day of the program, you are eligible for a refund of 50% of your total payment, minus the \$150.00 cancellation fee. Within ten (10) days prior to the first day of the program, no portion of your payment will be refunded.

I hereby declare that the above information is true to the best of my knowledge. I understand that misrepresentation of this information is unethical and constitutes grounds for revocation of certification.

I have read, understand and agree to the terms and conditions explained in the Studio 2 for Yoga and Wellness Yoga Teacher Training Application Form, Payment Form, Curriculum (subject to change), Required Books & Materials, Homework Assignments, Attendance/Certification policies, terms and conditions and cancellation policy in these attached pages included above and below.

Participant's Signature \_\_\_\_\_

Date \_\_\_\_\_

Credit Card # \_\_\_\_\_ Type: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Payment Plan: \$ \_\_\_\_\_ to be charged on these dates: \_\_\_\_\_

Participants Initial for agreement of payment options as per above: \_\_\_\_\_

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## 200-Hour Yoga Teacher Training Program Policies

Bring your own yoga mat, a journal or three ring binder with paper to write notes. Yoga blocks, straps, blankets and bolsters are provided. You may bring a meditation cushion if you wish for sitting or use blankets. Wear comfortable clothing. Bring a water and snacks. There are many restaurants in the area for dinner breaks, however if you choose to bring a lunch, we do have a fridge.

### Prerequisites

1. You must be in sound physical, mental, and emotional health. This is an intensive training program designed to challenge you on all levels in order to support you in reaching your highest potential.
2. Equally important, you must have a sincere desire to learn, open, grow, and develop on all levels – body, mind, heart, and spirit – and be willing to integrate the teachings and practice of yoga and meditation into your daily life. You must be willing to share your knowledge for the betterment of the individuals you come into contact with. You will be the facilitator in their healing journey.
3. A minimum of one to two years regular practice of yoga is **strongly suggested** (practice of at least 1 hour per day, 2-3 days per week, including asana, pranayama, and meditation), however, not required.
4. Acceptance into the program is based upon approval of your application on a first come first serve basis.

During the training period you will be expected to:

- Maintain a regular yoga practice and keep a journal
- Practice Yamas and Niyamas (yogic lifestyle guidelines)
- Complete experiential, group and written assignments to support your learning process, complete all tests and quizzes with an 80% average.
- Cultivate an open mind and willingness to learn and step out of your comfort zone from time to time
- Take 10-15 yoga classes with various yoga teachers, 8-10 of which are with Noelle or Robin and write about your experience. Approval of outside observation is required in writing.
- Read the chapters of the required books
- Complete group assignments and all assignments on time (late fee applies)

Participating in the Studio 2 for Yoga and Wellness Yoga Teacher Training is a great opportunity. Entering this program is a commitment of time and energy for you the student, as well as for the director, and guest teachers. You will progress optimally throughout program if you submit your completed homework by the due dates and complete the training in the allotted months. However, we understand that due to unforeseen circumstances, this isn't always possible. The homework and certification extension financial policies are as follows:

### Late Fees and Extensions

- Late or incomplete homework: You will be charged \$60 for homework received after the due date or homework that is incomplete.
- Incomplete Certification Requirements: If you are unable to complete the certification requirements by the program end date, or are asked to complete additional work in order to receive certification, you may receive an extension. The fee for extension will be worked out individually with each student at a rate of \$80 per hour for staff time. (Total cost may vary depending on the amount of work and the duration of additional mentoring and supervision needed for certification.)

\_\_\_\_\_ initials

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#### Attendance/Certification Requirements

- Pass all tests, quizzes (80% average) and teach back classes
- Exhibit excellent teaching skills: ability to be present, teach from your heart, and connect with the students
- Demonstrate the postures with precision and presence to the best of your ability
- Demonstrate honor and commitment to the entire group and program as well as respect for the time, energy and commitment invested by all. Participants are expected to arrive early to class and maintain an active presence.
- Full participation in the program and a positive yogic attitude
- Successful completion of written exams, homework and reading assignments

#### Attendance Policy

For certification, full attendance is required. See below in the case of Incomplete Attendance....

The director and/or teachers of Studio 2 for Yoga and Wellness have the right to dismiss a participant with no refund who is not exhibiting full commitment to the program, has not been truthful on their application, and/or who is not meeting the above requirements at any time during the training period without refund of investment.

#### Incomplete attendance

In the case of extenuating circumstances that cause incomplete attendance for some portion of the training you are registered for you may retake the missed portion of the program, during a subsequent program date, providing space is available. Making up missed portions of any training is fully the responsibility of the participant. In the case that you must makeup a missed portion of the training the tuition cost is \$140.00 per day. The aforementioned rates cannot be deducted from the original program you are/were registered to attend. All participants must pay their tuition for the program they are originally registered for in full.

#### Veterans of Yoga Clause: Instructor Discount Policy

We offer a discount on the price of tuition to students who have already attended, completed **and** graduated from a 200hr Yoga Teacher Training program with another faculty, and wish to retake the Studio 2 for Yoga and Wellness 200hr YTT program for the purposes of review and/or to deepen and hone their skills at a 25% discounted rate for the entire program.

Modules open to the public will not be discounted for Veterans wishing to upgrade or retake said modules.

\*see website for modules open to the public

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Registered Yoga School

Studio 2 for Yoga and Wellness

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